



# Improving the skills of veteran medics: Fort Worth MedStar adopts Q-CPR

Even experienced EMTs can improve their CPR skills. That's what Chris Cebollero, Clinical Manager for MedStar EMS of Fort Worth, Texas, and Operations Manager Ernie Rodrigues discovered after testing Philips HeartStart MRx monitor/defibrillator with Q-CPR,<sup>™</sup> a tool that guides trained responders in the administration of CPR.

“Between the two of us, we have over 30 years of experience as medics and as CPR trainers,”

said Chris Cebollero. “Until today, we didn't know that our CPR performance could be improved.”

Q-CPR, developed by Laerdal and Philips and available only on the HeartStart MRx monitor/defibrillator, provides real-time feedback on CPR to Advanced Life Support responders, helping them achieve the optimal rate and depth of compressions, as well as frequency and quality of ventilations.

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– **Chris Cebollero,**  
*Clinical Manager, MedStar EMS*

Though initially interested in Q-CPR for training alone, MedStar recently purchased 45 Philips HeartStart MRx monitor/defibrillators with Q-CPR for use in emergency response. Dr. John Griswell, the physician responsible for medical control at MedStar, reports that he was impressed by the benefits of Q-CPR's real-time CPR feedback, as well as its retrospective review capabilities. Q-CPR collects CPR performance data for later review to help teams identify areas for improvement.

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