**Standard treatment procedure**

Adapting to the patient  
For a patient using this device for the first time, it is advisable to begin with lower pressures, such as 10 – 15 cmH₂O positive and negative pressure, and to adjust the parameters to make the therapy more comfortable.  

**General therapy description**  
- inspiratory and expiratory flow.  
- to help synchronize the therapy with the patient’s effort.  
- to make acclimation to the therapy easier.  
- to provide maximum comfort and convenience to the patient.  

**Suggested guidelines for therapy**  
- Effective pressures may be established medical protocols or instructions from physician.  
- Therapy parameters can be titrated/modified in Manual mode to evaluate the best therapy for the patient. 

**Device menu**

- Device overview  
- Mask fitting  
- Device menu  
- Monitoring view and icons  
- Modifying therapy settings  
- Starting therapy  

**Mask fitting**

- To choose a well-fitted mask, ensure mouth and nose openings are covered.  
- Make sure the top of the bridge of nose zone is pressed against the bridge of the nose.  

**Device menu**

- Effective pressure  
- Inspiratory time (in s) 1 to 6 1 or less  
- Expiratory time (in s) 2 to 3 2 or less  
- Pause time (in s) 2 to 3 1 or less  
- On-off switch  
- Data SpO₂, heart rate, pattern of usage  
- SD Card; follow message displayed on screen  
- Log to SD Card; follow message displayed on screen  
- Write Event  
- Log  

**Suggested guidelines for therapy**

- Effective pressures may be established medical protocols or instructions from physician.
- Therapy parameters can be titrated/modified in Manual mode to evaluate the best therapy for the patient.  
- The settings should always be checked before beginning therapy.
- Guidelines are intended to serve only as reference. They do not supersede established medical practices or instructions from a physician.

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**Mask fitting**

- To choose a well-fitted mask, ensure mouth and nose openings are covered.  
- Make sure the top of the bridge of nose zone is pressed against the bridge of the nose.