PHILIPS

DreamMapper 2.4

Mobile App User Guide

June 8, 2016

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Welcome!

Welcome to DreamMapper[1]. Here are a few tips to familiarize you with this exciting app.

Sleep Screen

When you first log on to DreamMapper the "Sleep" screen is displayed and it defaults to the current date. Data is presented in one of three categories: AHI, Usage, and Mask Fit. Usage is the default category. The graph below shows the values for the selected category for a 7-day period including the displayed day. The graph highlights the currently-selected day on the graph in dark blue.

[1] DreamMapper is the next generation of the SleepMapper app from Philips

How to navigate

Changing the Date: Tap the chevrons

To go backward or forward in time, tap the chevrons (“<”, “>”) located beside the date. As you change the date, the highlighted bar in the graph and the details at the bottom of the screen reflects the selected date.

Changing the Date: Interacting with the graph

The graph responds to your touch, so that you can easily see your data for a different day or even a different week.

When a specific day of the graph is tapped, the focus of the currently selected Category will change to the tapped day.

Swipe left-to-right on the graph to see the preceding week, or right-to-left to see the following week. The displayed date range confirms the new time period that's being presented by the graph.

Changing Data Categories

To change the category and graph: tap the desired category

The selected Category will always be in **bold**, and the default is Usage. To view your AHI or Mask Fit information for a different category tap on the label or value for the category. The pointer at the top of the graph section confirms your selection.

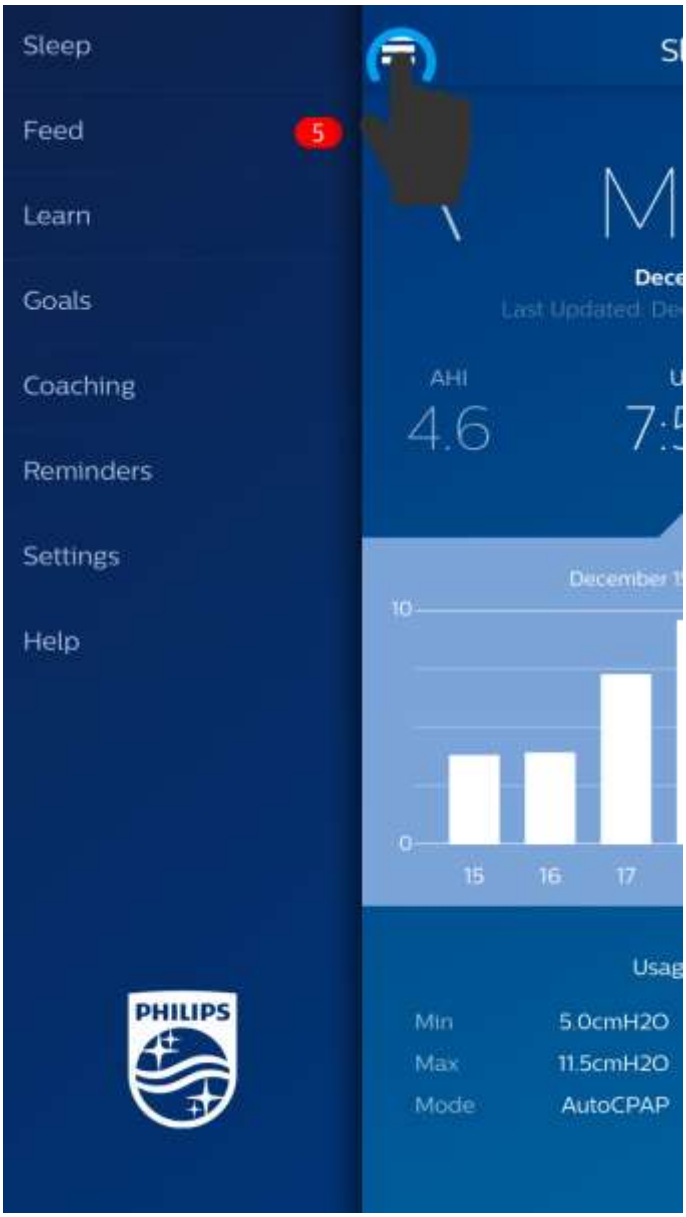
See Additional Details for the Day and Category

The bottom portion of the Sleep screen will show additional details pertaining to the Category you currently have selected in context of that day.

Other Menu Choices

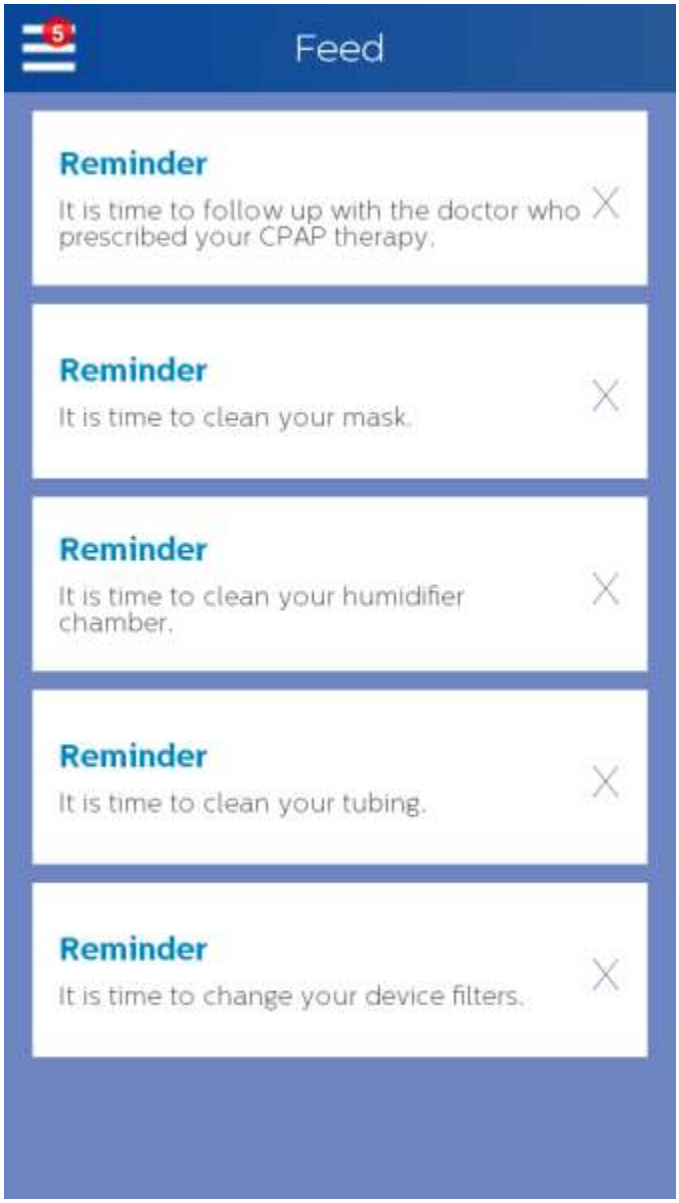
To navigate to the other menu items tap the menu icon

To see the **Menu** in the mobile apps tap the icon on the top-left corner of your screen. When tapped the menu will appear, revealing other areas of the application: Feed, Learn, Goals, Coaching, Reminders, Settings, and Help.



Feed Screen

The Feed section contains reminders, alerts, and recommendations sent to your account.

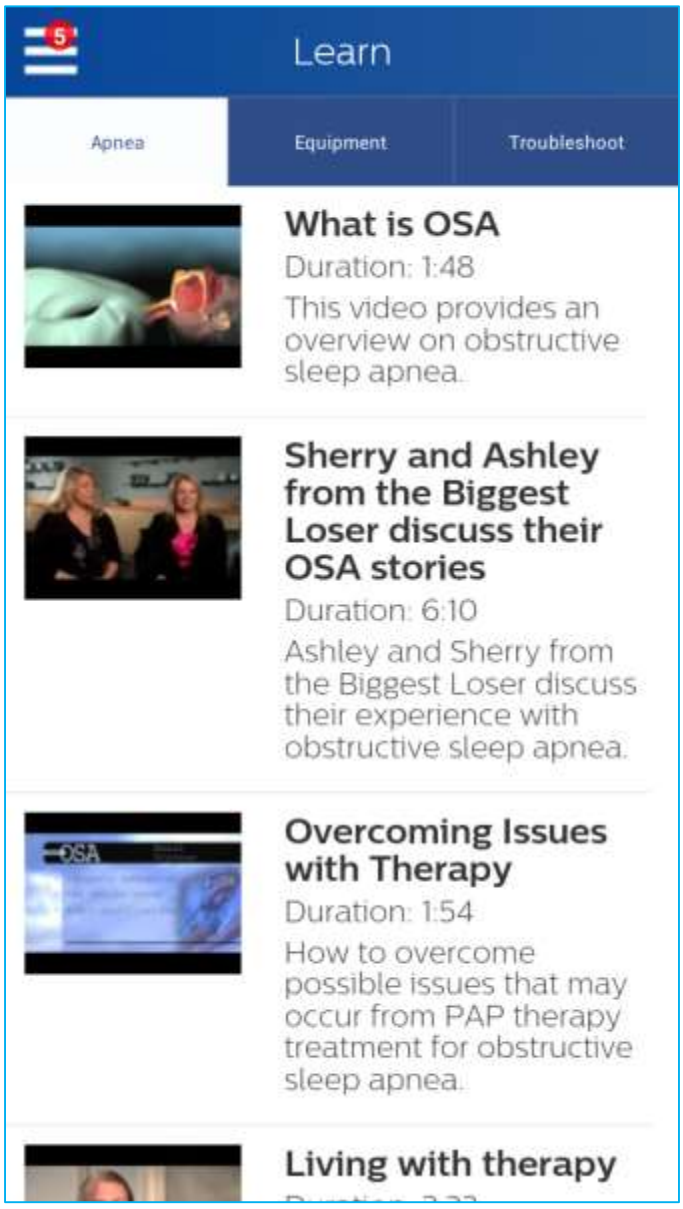


Learn Screen

The Learn section contains links to other helpful information related to sleep apnea, equipment usage, and troubleshooting.

Apnea

This page contains links to several videos addressing the causes and treatment of sleep apnea.

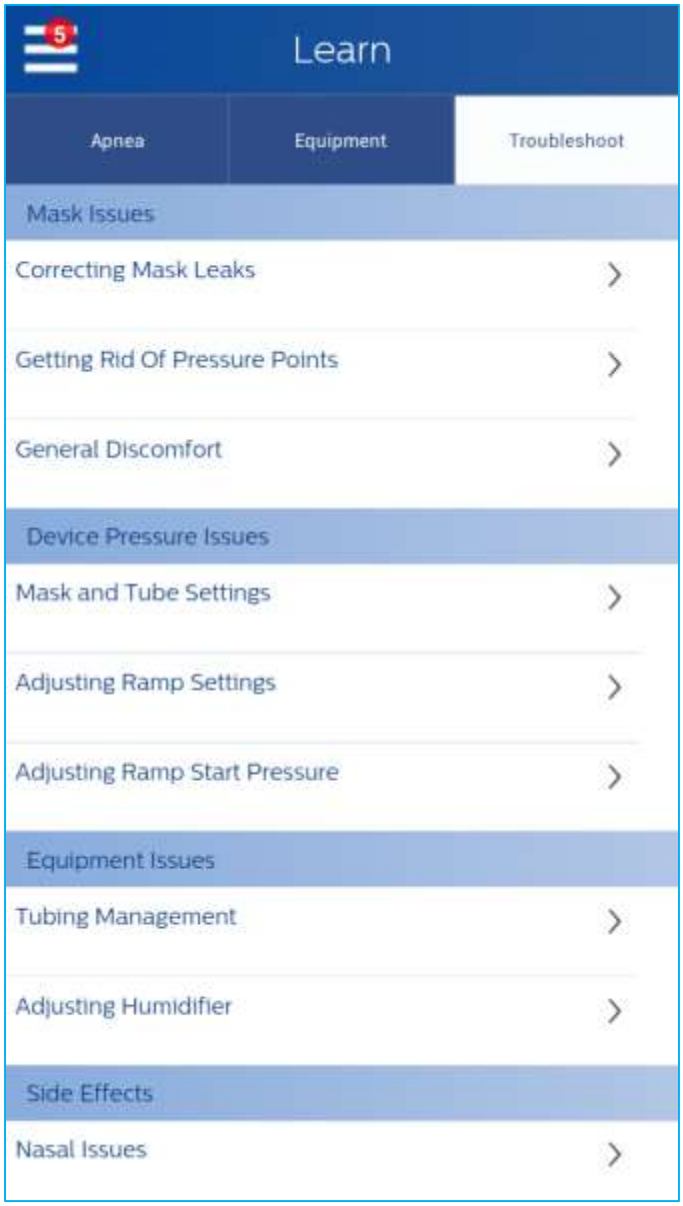


Equipment

This page contains links to videos and online guides related to the use of therapy equipment and DreamMapper.

Troubleshooting

This page contains links to videos on the subjects of mask issues, device pressure, equipment issues, and side effects.



Goals Screen

The Goals screen displays several categories of monthly and personal goals.

Click on the “>” symbol to the right of each category to view its definition and to set your personal goals.

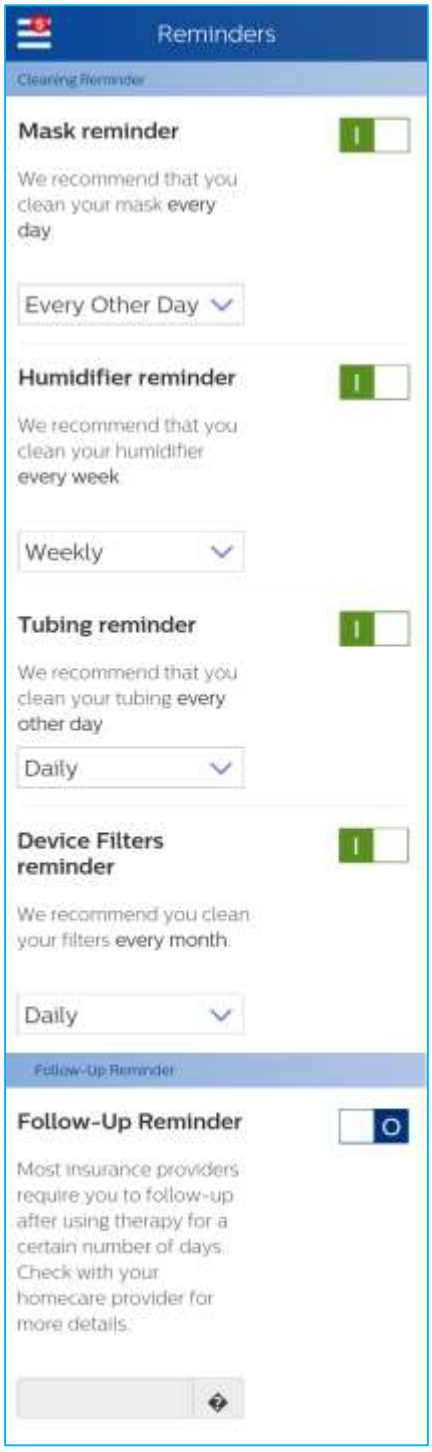
Coaching Screen

This section contains links to mini-questionnaires and videos pertaining to motivation, heart risk, and your feelings about sleep apnea and sleep therapy.

Click on the “>” symbol to the right of each topic to view the mini-questionnaire and video.

Reminders Screen

The Reminders screen is where you set the time intervals at which you will be reminded to clean your mask, humidifier, tubing, and device filters. You can also schedule follow-up reminders. The reminders you schedule here will appear on the Feed screen.



To “turn on” a reminder, click on its button. The button changes to this:

Next, select a time interval from the drop-down list: Daily

For the Follow-up Reminder, select or enter a date in the space provided.

Settings Screen

The Settings section contains information related to your account, preferences, mask, and data connections.

Account

From here you can change your Username or password. You can also log out of DreamMapper.

Equipment

The options in this section allow you to identify your mask, therapy device, and if you want to use Bluetooth communications.

Contact Preferences

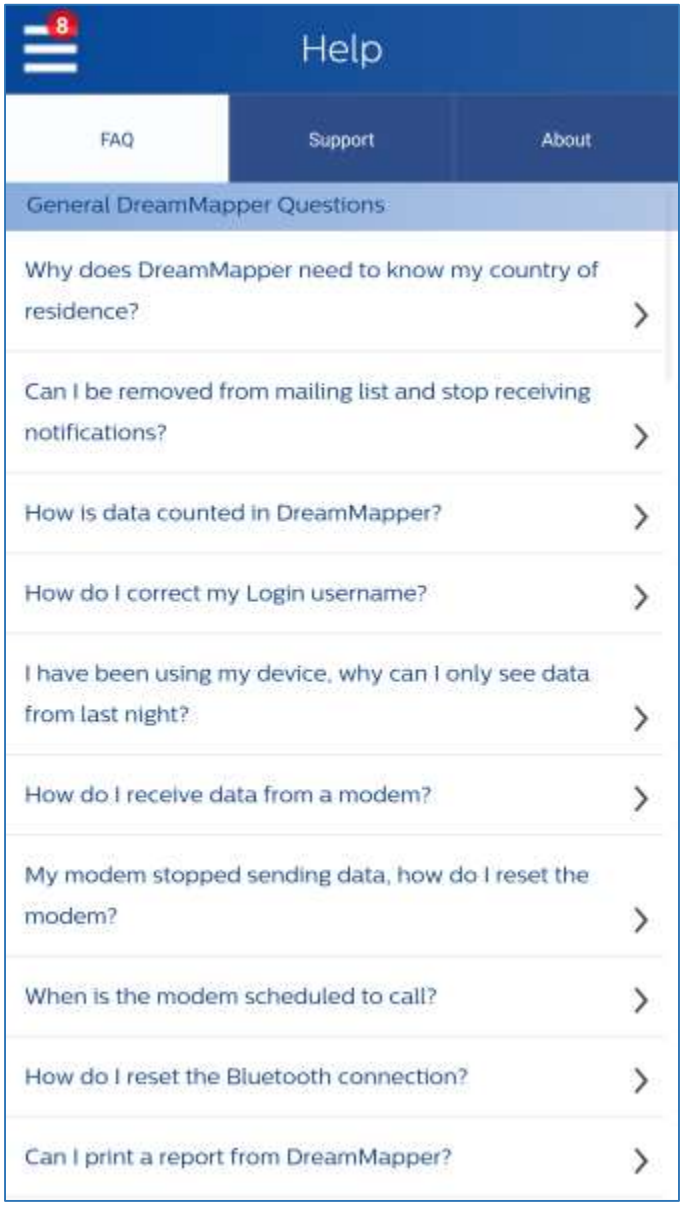
Use the options in this section to specify how DreamMapper should contact you with important information about your therapy data.

Help Screen

The Help section contains general information about DreamMapper, terminology regarding sleep apnea and sleep therapy, and Philips contact information.

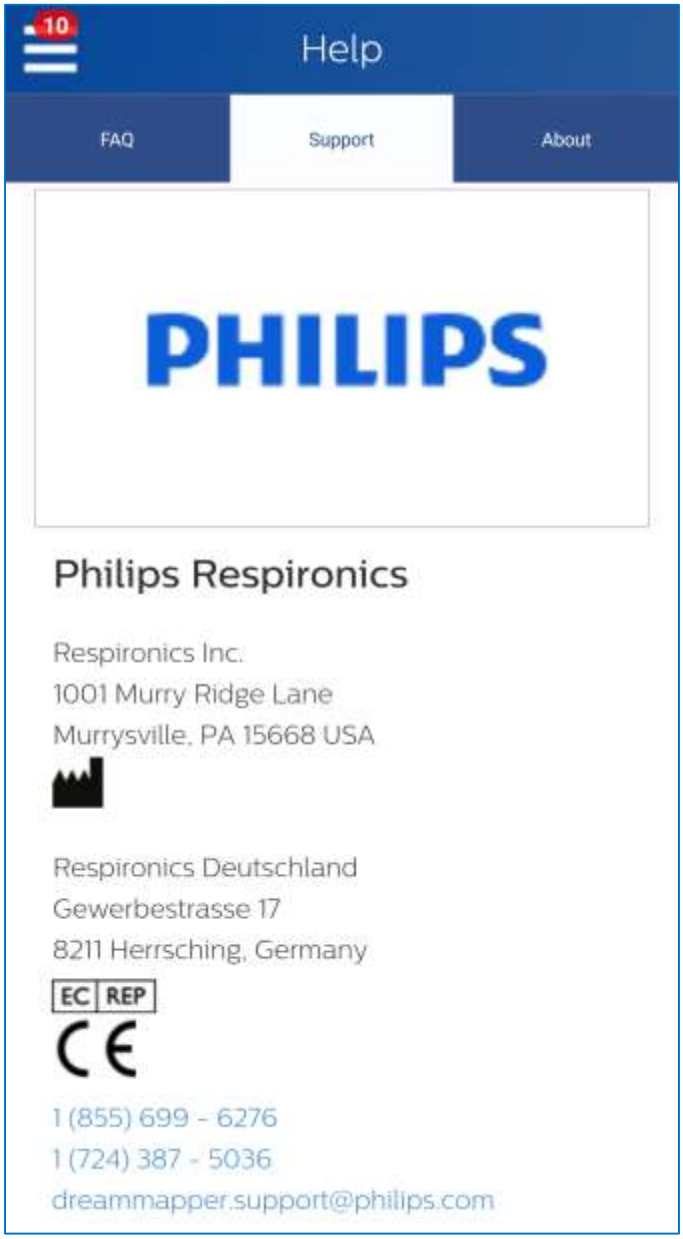
FAQ

Some of this information may be new or unfamiliar to you. In the FAQ section you will find definitions for all the fields displayed within DreamMapper.



Support

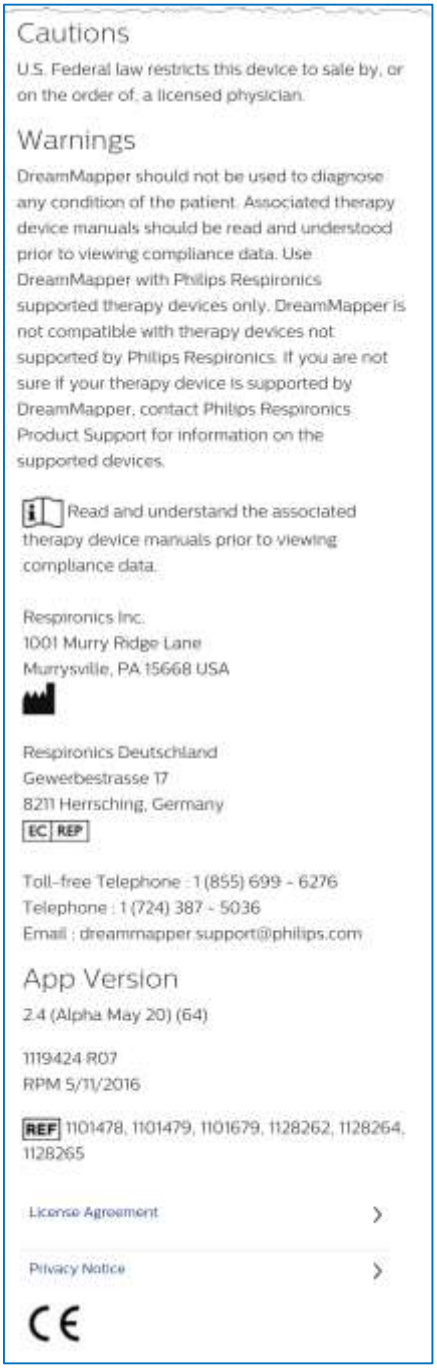
If you still have difficulty using DreamMapper, please look under Help-Support to find Philips' contact information. We want you to love DreamMapper as much as we do.



About

This section provides the intended use of DreamMapper, applicable cautions and warnings, symbol definitions and additional Philips contact information.

Help – About continued:



Cautions

U.S. Federal law restricts this device to sale by, or on the order of, a licensed physician.

Warnings

DreamMapper should not be used to diagnose any condition of the patient. Associated therapy device manuals should be read and understood prior to viewing compliance data. Use DreamMapper with Philips Respironics supported therapy devices only. DreamMapper is not compatible with therapy devices not supported by Philips Respironics. If you are not sure if your therapy device is supported by DreamMapper, contact Philips Respironics Product Support for information on the supported devices.

Read and understand the associated therapy device manuals prior to viewing compliance data.

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